

**nutribullet.**  
SELECT 1000



**User guide.**

# Important safeguards & cautionary information.

**Warning! To avoid the risk of serious injury, carefully read all instructions before operating your NutriBullet®. When using any electrical appliance, basic safety precautions should always be observed, including the following critical information.**

## PERSONAL SAFETY

### BLENDING WITH NUTRIBULLET® CUPS:

**Do not put hot liquids in any of the blending vessels before blending.**

**WARNING:** Start with cool or room temperature ingredients. Heated ingredients can create internal pressure in a sealed blending vessel, which may erupt on opening and cause thermal injury.

Caution must be observed if hot liquid is poured into the product (food processor or blender) as the liquid can be ejected out of the appliance due to sudden steaming.

**Never blend carbonated ingredients or liquids. Built-up pressure from released gases can cause container to burst, resulting in possible injury.**

**WARNING:** Never permit any blended mixture to sit inside a sealed vessel without first releasing internal pressure.

Never store the extractor blade on the power base without a cup or vessel attached.

### BLENDING WITH THE PITCHER:

**Use caution when blending hot liquids in the pitcher.**

**WARNING:** Never turn the power on while using the pitcher without the vented lid cap inserted and locked into the pitcher lid, as ingredients can splash, and if hot or warm, could potentially cause thermal injury and/or property damage.

**Friction from the rotating blade will cause ingredients to heat and generate internal pressure in the sealed vessel.**

Do not continuously operate for more than one minute. If the vessel is warm to touch, allow to cool before carefully opening pointed away from your body.

Remove spoon or other foreign objects before blending.

**Never leave the NutriBullet® unattended while it is in use. Close supervision is necessary when any appliance is used by or near children.**

**WARNING!** To avoid risk of electric shock, never immerse the cord, plug, or power base of blender in water or other liquids.

At all times, avoid contact with moving parts.

- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the power supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.
- Switch off the appliance and disconnect from power supply before changing accessories or handling moving parts.
- To reduce the risk of personal injury or damage to the device, keep hands and utensils away from the cutting blade.
- To reduce the risk of injury and leakage, make sure the blade base is securely screwed onto the cup before placing it on the power base and operating the appliance.

**Blades are sharp.  
Handle carefully.**

- The use of attachments not recommended or not sold by the manufacturer may cause fire, electric shock, or injury.

## **WARNING!**

**WARNING!** If you are taking any medication, especially cholesterol-lowering medication, blood thinners, blood pressure drugs, tranquilizers, or antidepressants, please check with your physician before consuming any NutriBullet® recipes.

The following list of seeds and pips contain chemicals that release cyanide into the body when ingested. Do not use the following seeds and pips in the NutriBullet®: apple seeds, apricot seeds, cherry pips, plum pips, and peach pips.

## **PRODUCT SAFETY**

- If the NutriBullet® malfunctions or is dropped, or damaged in any manner, discontinue use and contact Customer Service for further assistance.
- To prevent overheating, never allow the motor to run continuously for more than one minute at a time, as this may cause damage to the motor as well as increase the thermal pressure inside the cup which can cause personal injury.
- Check gasket to make sure it is completely seated in the

blade unit before each use. If seal is damaged, replace the complete blade assembly.

- If the motor stops for any reason, unplug the power base and let it cool for at least 15 minutes as this will reset the internal thermal breaker.
- **Never use the NutriBullet® without adding liquid or when the cup is empty, as doing so may damage the blade.**
- The NutriBullet® is not intended for use in microwave ovens. Do not place the NutriBullet® cups, power base or any accessories in a microwave as this may result in damage to the appliance.
- Use of adapters and converters is considered an unauthorized modification of the product and as such will void the warranty. Use of this product in locations with different electrical specifications may result in damage to the product.
- **CAUTION:** In order to avoid a hazard due to inadvertent resetting of the thermal cut-out, this appliance must not be supplied through an external switching device, such as a timer, or connected to a circuit that is regularly switched on and off by the utility.
- Periodically inspect cord and plug for damage. Do not operate any appliance with a damaged cord or plug.
- Do not pull, twist, or damage the power cord.

- Do not allow the cord to hang over the side of the counter or table.
- Do not allow cord to touch hot surfaces, including stove.
- The NutriBullet® power base is made exclusively to work with the NutriBullet® cups and blades only and not other Bullet Branded Products such as the Magic Bullet. Use with items not specifically manufactured for the NutriBullet® will void the warranty.

## **WARNING: VENTILATION CAUTION**

**WARNING!** Always operate the NutriBullet® on a level surface, leaving unobstructed space beneath and around the power base to permit proper air circulation. Slots and openings on the bottom of the product are provided for ventilation to ensure reliable motor operation and to prevent over-heating.

**WARNING:** to prevent fire hazard, power base openings should be free of dust or lint and never obstructed with flammable materials such as newspapers, tablecloths, napkins, dishtowels, or place mats.

- Always operate the pitcher with the pitcher lid securely in place.
- With recipes that require certain ingredients to be incorporated during

blending, first add the base ingredients, seal the pitcher lid with vented lid cap attached, and begin blending. Then, once the ingredients are well mixed, twist open the vented lid cap and carefully pour or drop ingredients into the mixture.

- If you need to push ingredients closer to the blade, **ONLY USE THE TAMPER PROVIDED** with the NutriBullet® Select 1000. **DO NOT** use any apparatus other than the tamper to push ingredients toward the blade. The tamper is specifically designed not to come in contact with the blade. Spatulas, spoons and other tools can make contact with the blade, which may result in damage to the machine, damage to property, and/or possible injury.
- **NEVER USE YOUR FINGERS OR ANY PART OF YOUR HAND TO PUSH INGREDIENTS DOWN TOWARD THE BLADE.** Only use the provided tamper.
- The cyclonic action® of your NutriBullet® requires the use of liquids to make smoothies and other nutritious items. The NutriBullet® is not intended to be used without liquids, or as an ice crusher. **ALWAYS ADD LIQUID** to your recipe.
- We recommend replacing your easy-twist extractor blade every 6 months (depending on use) or as needed for optimal performance.

- Do not use NutriBullet® outdoors. If exposed to inclement weather elements such as rain or other wet conditions, discontinue use. Unplug the NutriBullet® when it is not in use. Make sure the power base is unplugged before assembling, disassembling, adding additional parts, or cleaning.

- **TO AVOID LEAKAGE, DO NOT OVERFILL THE BLENDING VESSELS!** The pitcher is marked with two MAX lines: one for solid ingredients (higher line) and one for liquid ingredients (lower line). Your NutriBullet® cups are also marked with a MAX line. When filling the blending vessels, make sure your ingredients do not exceed their respective MAX lines. Exceeding the indicated MAX lines can result in leakage, and may lead to dangerous pressurization.
- Never remove cup/blade assembly from the power base until the motor comes to a complete stop. Removing the cup/blade assembly while power base is still running may cause damage the blade coupling or motor gear.

**! Save these instructions!**

**FOR HOUSEHOLD  
USE ONLY**



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one-year limited warranty**

Thank you for purchasing the NutriBullet®  
Select 1000.

# What's included.



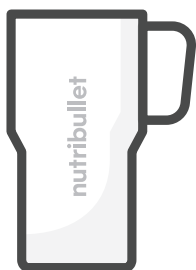
**1000 watt  
motor base**



**easy-twist  
extractor blade**



**2 to-go lids**



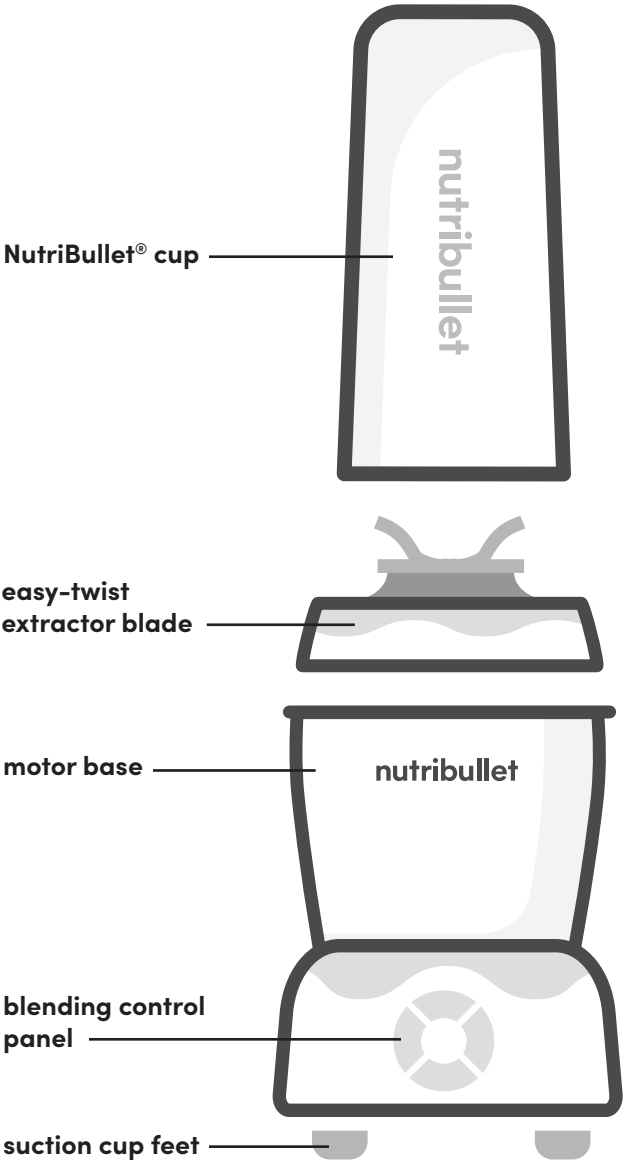
**700 mL  
handled cup**



**900 mL  
cup**



# Assembly guide.



# Getting started.

## PLEASE KEEP THESE IMPORTANT SAFEGUARDS IN MIND WHEN USING THE APPLIANCE:

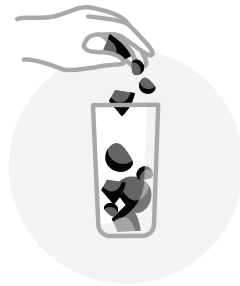
- Make sure the base is plugged in for use.
- Never run the appliance while empty.
- Appliance accessories are not intended to be used in the microwave as it may damage the accessories.
- **Never** leave the appliance unattended while in use.

## Never blend hot ingredients when using any sealed NutriBullet® cups.

**WARNING:** Heated ingredients can pressurize sealed containers when agitated and violently expel hot contents upon opening. Always start the blending process with room temperature or refrigerated ingredients and liquids (21°C/70°F or cooler).

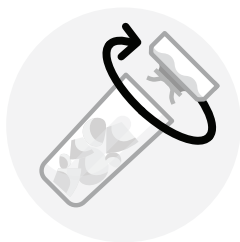
## NutriBullet® cup assembly & use.

- 1 Review all warning and caution statements in the Important Safeguards section (pg 2-5) before proceeding to Step 2.
- 2 Place the motor base on a clean, dry, level surface such as a counter or table.



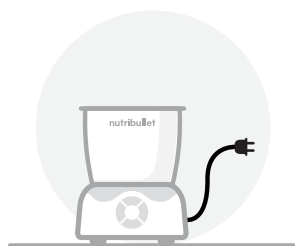
- 3 Add ingredients to the NutriBullet® cup.

**NOTE:** Do not overfill! To avoid leakage, do not add ingredients beyond the MAX line.




4

Twist the easy-twist extractor blade onto the cup until tightly sealed.



5

Plug the power cord into an electrical outlet and press **POWER**  to turn on the blender.



6

Turn the cup upside down and place it onto the motor base, gently turning the cup clockwise to lock into the motor base.



**WARNING!** Handle the easy-twist extractor blade assembly with care, as the blades are sharp.

Never leave the appliance unattended while in use.

**NEVER BLEND HOT INGREDIENTS**, as doing so may cause excessive pressure buildup, resulting in risk of personal injury and or property damage.



7

To start blending, select a speed or the **EXTRACT** program on the blending control panel. This program will turn off automatically. Buttons will illuminate while in use.

**NOTE:** Proceed to the blending control panel chart on page 14 for speed definitions.

8



When you have reached your desired consistency, pause/stop the appliance by pressing **POWER** ⏻ or the speed you selected and wait for the blades to stop turning. The unit will enter idle-mode. The **POWER** ⏻ button will remain illuminated.

**NOTE:** speeds will automatically shut off after 60 seconds.

- 9 Press **POWER** ⏻ to turn off the unit completely.

10



Unlock the assembly by gently twisting the cup counterclockwise. You will hear a click. Enjoy!

**NOTE:** Blending should not require longer than one minute to yield smooth and creamy results.



#### CAUTION

Do not remove the easy-twist extractor blade from the NutriBullet® cup until blending has completely ceased. Do not use the easy-twist extractor blade as a storage lid for your cup. Some foods may contain active ingredients or release gases that will expand if left in a sealed container, resulting in excessive pressure buildup that can pose a risk of injury. When storing contents in the cup, use plastic wrap or foil to seal your container. Always point contents away from your body when unsealing.

# Blending control panel.

## How to use the blending control panel.

### LOW OR HIGH

Select a speed and press once to turn on. The button will illuminate. To pause/stop the unit, press the button a second time — it will de-illuminate — or press **POWER** ⏻. While in the idle-mode, the **POWER** ⏻ button will remain lit. To fully power down after pausing, press **POWER** ⏻ and unplug the unit.

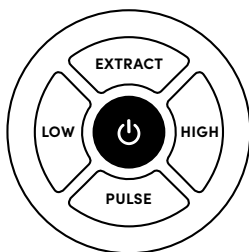
**NOTE:** Speeds will automatically shut off after 60 seconds.

### THE EXTRACT PROGRAM

Press the **EXTRACT** button and the NutriBullet® Select 1000 will do the work for you. This program automatically stops at the end of its cycle. To pause or stop the blender, press **EXTRACT** again or **POWER** ⏻.

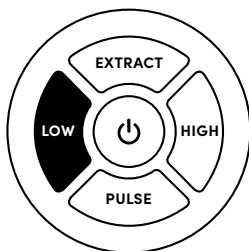
### PULSE

Press and release the **PULSE** button to chop ingredients. If you hold this button down, it will continue to run until you release it.



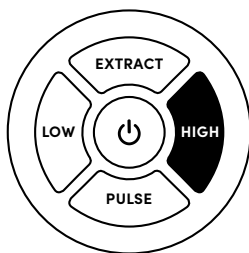
## TURNING ON/OFF

The power button actuates the master power of the appliance. When pressed, this button lights up to indicate the motor is powered on, and the other functions can be used. Always turn the master power off and unplug the unit when the machine is not in use.



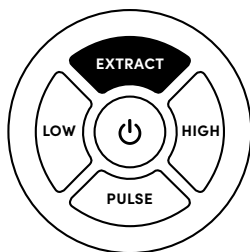
## LOW SPEED

Use to mix thin batter, gravies, marinades; scramble eggs; process cooked foods and uncooked fruits.



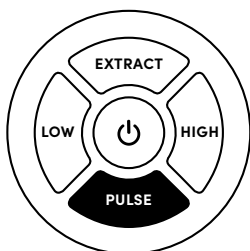
## HIGH SPEED

Use to liquefy thick mixtures and blend frozen fruits and vegetables.



### THE EXTRACT PROGRAM

Use to break down whole fruits, vegetables, and ice into nutrient-rich smoothies. This button will activate a run cycle that shuts off automatically.



### PULSE

Use to control chopping and processing.



**WARNING: DO NOT** use this setting with hot ingredients!



### WARNING!

**NEVER BLEND HOT INGREDIENTS IN ANY SEALED NUTRIBULLET® CUP.**

Doing so may cause excessive pressure buildup, resulting in risk of personal injury or property damage.

# Care & maintenance.

Cleaning the NutriBullet® Select 1000 is easy. The cups and to-go lids are **TOP RACK** dishwasher-safe, while the easy-twist extractor blade and motor base can be quickly hand-washed with soap and water. Read on for best practices.

## Here's how to clean the NutriBullet®:

### STEP 1:

The most important thing — **ALWAYS POWER OFF THE UNIT** and **UNPLUG** the motor base from the power outlet when it is not in use. Do not attempt to handle the appliance until all parts have stopped moving! This includes during assembly and disassembly, while changing accessories during cleaning, and any time you leave the machine unattended.

### STEP 2:

Detach the NutriBullet® cup / easy-twist extractor blade from the motor base.

### STEP 3:

Clean the individual components (motor base, easy-twist extractor blade, NutriBullet® cups) as recommended in this section.

### MOTOR BASE:

- To avoid risk of injury, **NEVER** attempt to clean the actuator system on the motor base while the NutriBullet® Select 1000 is plugged in.
- Do not attempt to remove any pieces from the motor base.
- Use a sponge or dish cloth dampened with warm soapy water to wipe down the motor base until clean.
- If necessary, you may use a small brush to scrub the actuator system area to ensure it's clean.
- To clean leakage residue from the motor base, wipe with a damp sponge and warm water.
- If necessary, you may use a small brush to scrub the actuator system area to ensure it's clean.



**WARNING:** Never submerge the motor base in water.

### EASY-TWIST EXTRACTOR BLADE:

- Blades are sharp! Handle the easy-twist extractor blade with care when cleaning! It is best to clean blades immediately after use to reduce buildup of residue. If food particles get stuck,



use a small brush or sponge to target and dislodge them.

- **Do not remove any components of the easy-twist extractor blade;** this can result in permanent damage to the blade, resulting in leakage when blending. If, over time, the easy-twist extractor blade becomes loose or damaged, you may order a new easy-twist extractor blade at **bulletbrands.com.au / bulletbrands.co.nz** or contact customer service.
- Dry the easy-twist extractor blade completely after every use.
- Regularly check the condition of the bottom of the blade for cracking or breakage. If damaged, replace easy-twist extractor blade immediately to prevent possible personal injury.

#### **NUTRIBULLET® CUPS & TO-GO LIDS:**

These items are **TOP RACK** dishwasher-safe. We recommend rinsing and briefly scrubbing them with a dish brush to remove any remaining debris before placing in the dishwasher. **NEVER** use the sanitize cycle to wash the cups — heat this high can warp the plastic.

#### **STUBBORN CLEAN UP:**

If ingredients get stuck to the NutriBullet® cups or easy-twist extractor blades, here's an easy cleanup solution: fill the vessel with room temperature (21°C/70°F or less) water to its MAX line and add 1-2 drops of dish soap. Twist on the easy-twist extractor blade and blend on the motor base for 20-30 seconds. This should loosen debris enough to scrub away with soap and water.

#### **How to store:**

Store the NutriBullet® Select 1000 upright. Do not place anything on top of it. Store remaining pieces in a safe place where they will not be damaged and won't cause harm.



**WARNING: NEVER** store the easy-twist extractor blade on the motor base without a NutriBullet® cup as the exposed blades pose a serious laceration hazard.

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#### **Replacement parts.**

To order additional parts and accessories, please visit our website at **bulletbrands.com.au / bulletbrands.co.nz**.

CDB  GOLDAIR

# one (1) year limited replacement warranty statement.

**If your product becomes defective due to faulty material or workmanship within a period of 1 year from the date of purchase, we warrant to do the following:**

- **For New Zealand Consumers:**

We will replace the product with a new product, free of charge, or repair the product at our cost, at our discretion.

- **For Australian Consumers:**

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

**YOUR WARRANTY IS SUBJECT TO THE FOLLOWING CONDITIONS:**

- **DO NOT** operate the appliance with a damaged plug or cord, or if the unit has been dropped, damaged or dropped in water. To avoid the risk of electric shock, do not disassemble or attempt to repair the appliance on your own. If the supply cord is damaged, it must be replaced by a qualified electrician in order to avoid a hazard. Incorrect re-assembly or repair can cause a risk of electric shock or injury to persons when the appliance is used.
- The item has not been misused, abused, neglected, altered, modified or repaired by anyone.
- The item has been subjected to fair wear and tear.
- The item has not been used for trade, professional or hire purposes.

- The item has not sustained damage through foreign objects, substances or accident.

#### **YOUR WARRANTY DOES NOT COVER:**

- Components that are subject to natural wear and tear caused by normal use in accordance with operating instructions.
- Unauthorised/improper maintenance/handling or overload is excluded from this warranty.
- For guarantee claims, you will need to submit a proof of purchase in the form of a valid receipt that displays date and place of purchase.

**This warranty does not replace but is in addition to your statutory rights.**

**This warranty does not apply to accessories supplied with the item.**

**This warranty applies only to the original purchaser and may not be transferred.**

**Replacement items will be covered by the limited warranty for the balance of the warranty period from the date of the original purchase.**

#### **PLEASE NOTE:**

Only the defective product or parts returned to place of purchase will be replaced under this warranty.



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**220-240VAC 50-60Hz 1000W-1200W**

The 1000 watt rating of this appliance was obtained by using the 32oz cup with Blade Holder Assembly and 150g of beef with tendon at max speed for 1 minute.

Illustrations may differ from the actual product. We are constantly striving to improve our products, therefore the specifications contained herein are subject to change without notice.

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